



Inspiring interaction



[www.pathfield.devon.sch.uk](http://www.pathfield.devon.sch.uk) |

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### Summer Term

Monday April 19th  
Wednesday July 21st

### Spring Bank Holiday

Monday May 31st

### Half Term

June 1st - June 4th

### Last day of school

July 21st

### LATEST OFSTED REPORT

[https://  
reports.ofsted.gov.uk/  
provider/25/113638](https://reports.ofsted.gov.uk/provider/25/113638)

### PLEASE HAVE A LOOK AT OUR WEBSITE

[https://  
www.pathfield.devon.sch.uk/  
news-events/news/](https://www.pathfield.devon.sch.uk/news-events/news/)

Dear Parents and Carers,

Following the recent Government guidance, we shall be updating our COVID-19 risk assessment and practices. We are only making small changes, one of which shall be changing our mask wearing to communal areas or around visitors into school. After half term we shall look to increase pupil mixing on the playground within key stage groups but maintain bubbles indoors.

The guidance also included information on attendance -

It is vital for pupils and students to attend school or college to minimise, as far as possible, the longer-term impact of the pandemic on their education, wellbeing and wider development. The usual rules on school attendance apply to all pupils including:

- parents' duty to secure their child's regular attendance at school (where the child is a registered pupil at school, and they are of compulsory school age)
- the ability to issue sanctions, including fixed penalty notices in line with local authorities' codes of conduct

As restrictions begin to lift, some families may be looking to take holidays. As usual, parents should plan their holidays around school breaks and not take their children out of school on holiday during term time. Where a parent wishes to take their child out of school for whatever reason they must apply for a leave of absence and demonstrate why they believe the circumstances are exceptional. Schools make decisions on granting leave of absence but will not normally do so for a holiday.

Attendance across school is generally excellent but I just wanted to make you aware of the Government expectations.

As I mentioned in the newsletter last week, we are starting to plan for parents' meetings (parents evening) next half term the week beginning the 14<sup>th</sup> June, your class teacher will be in touch to arrange a convenient time.

Devon County Council is inviting parents and carers of children and young people with SEND to join us at one of our virtual roadshow events on Wednesday 19 May at 10.00am-11.30am or Thursday 20 May at 7.30pm-9.00pm, more information is available in the flyer.

Thanks for your support, Stuart

## Safeguarding

Welcome everyone to our new safeguarding section of the newsletter. We will use this to signpost you to important services and information relating to key safeguarding issues in schools on a fortnightly basis. This week, I would like to introduce you to our Safeguarding team at Pathfield School:

**Adam James: Designated Safeguarding Lead (DSL)**

**Stuart Allman: Deputy DSL**

**Pauline Bithell: Deputy DSL**

**Karen Goodwill: Deputy DSL**

**Penny Bacon: Deputy DSL**

**Nathan Gosling: Deputy DSL**

**Vanessa Billing: School Governor - Safeguarding**

If you have any concerns or questions relating to safeguarding, please do not hesitate to get in touch.

Adam



<https://www.pathfield.devon.sch.uk/school-life/safeguarding/>

# NO NUTS!



## We are a Nut Free School

Just a reminder that we are a Nut Free School. We ask for parent's / carer's help in making appropriate choices for their children's snacks and lunches. Please do not bring to school anything that includes nuts as we have a number of children and staff who have severe nut allergies. This includes chocolate spreads, e.g. Nutella.

Thank you for keeping our school safe.

## Mental Health Awareness Week 2021 @The Station class

The Station have been discussing mental health this week and how we can look after ourselves. We have held a self-care session on Tuesday afternoon and the students have had their nails painted and some even had a foot spa, This has led us to discussing what makes us feel happy/relaxed if we are struggling with our mental health. The students have all engaged in this brilliantly.



## Lunch Menu for next week - Summer Term

<https://www.pathfield.devon.sch.uk/parents-carers/school-lunches/>

Week 2

26/04, 17/05, 14/06, 05/07,

Mon	Beef burgers in a bun Vegetarian burgers in a bun Baked beans  Lemon cookies Yoghurt or Fresh Fruit Bowl
Tues	Minced beef & onion pie Cheese & onion quiche Creamed potatoes or pasta Peas & Carrots  Eves pudding Yoghurt or Fresh Fruit Bowl
Wed	Roast pork & apple sauce Vegetable crumble Roast potatoes or pasta Green beans & parsnips  Date <u>krispie</u> crunch Yoghurt or Fresh Fruit Bowl
Thurs	Chicken, ham & egg pie Jacket potato & baked beans Creamed potatoes, mixed vegetables  Orange drizzle cake Yoghurt or Fresh Fruit Bowl
Fri	Fish fingers Spinach & red pepper quiche Chips or pasta. peas  Iced Sponge Yoghurt or Fresh Fruit Bowl





## Free school meals holiday voucher scheme

Just to remind everyone who is entitled to Free School Food Vouchers from Easter to use them soon as they will run out and no longer be valid. Thank you

## Grants for specialised equipment



Founded in 1994, Children Today was created to help children and young people with disabilities up to the age of 25 years old across the UK by providing grants for specialised equipment. Often children and young people with disabilities remain excluded from a lifestyle which other people

may take for granted. They want to join in and take part in the same sorts of activities or lifestyle, within their capabilities, as other children. They want to gain more independence from their parents as they get older, but are often prevented from doing so. At Children Today we are proud to support these children and young people by providing grants for equipment including (but not limited to):

- Electric wheelchairs and wheelchair power packs
- Walking aids
- Adapted trikes
- Adapted car seats
- Lifting aids/hoists to enable movement
- Posturepedic sleep equipment / weighted blankets
- Sensory equipment including bubble tubes
- Specialist seating including P Pod support systems

These items and many more specialised aids are designed to improve and enhance the lives of children and young people with disabilities, helping them to become as independent as possible and to reach their potential.

<https://www.childrentoday.org.uk/>



Mental Health Awareness Week takes place on 10-16 May 2021 and this year's theme is nature.

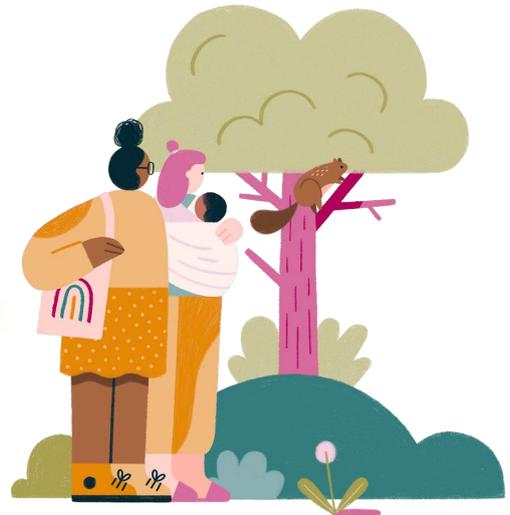
[Mental Health Awareness Week](#) is an annual event when there is an opportunity for the whole of the UK to focus on achieving good mental health. The Mental Health Foundation started the event 21 years ago. Each year the Foundation continues to set the theme, organise and host the Week. The event has grown to become one of the biggest awareness weeks across the UK and globally.

The Week is an opportunity for people to talk about all aspects of mental health, with a focus on providing help and advice.

Mental Health Awareness Week is open to everyone. It is all about starting conversations about mental health and the things in our daily lives that can affect it. This year the Foundation wants as many people as possible - individuals, communities and governments - to think about connecting with nature and how nature can improve our mental health. Notice nature and try to make a habit of connecting to the nature every day. Stop to listen to the birdsong, smell the freshly cut grass, take care of a house plant, notice any trees, flowers or animals nearby. Take a moment to appreciate these connections.

<https://www.mentalhealth.org.uk/campaigns/mental-health-awareness-week>

# every mind matters



Mental health is something that we all have. Life is full of ups and downs for all of us, and that influences our mental health. There's no single 'right way' to react when facing challenges, and some of us are more deeply affected by events than others. Everyone is different.

But we all need good mental health and wellbeing - it's essential to living happy and healthy lives. It can help us relax and sleep better, feel better, enjoy doing the things we want to do, achieve more and have more positive relationships. It can also help us deal with difficult times in the future.

We can all feel [anxious](#), [stressed](#) or [low](#) at times, but it can be a problem if these feelings get worse, go on for a long time or affect our daily lives. About one in four people experience mental health problems each year, so most of us will know someone who has struggled with their mental health.

It can take time for mental health to improve, and some of us may need professional help, but there are ways to help and support someone get back to positive mental health.

The [Every Mind Matters website](#) includes practical tips and support on how to deal with uncertainty, how to cope with money and job worries and how to look after both your own and your family's mental wellbeing.

You can also get a free [NHS-approved Mind Plan](#). By answering five simple questions, you will get a personalised action plan with practical tips to help you deal with stress and anxiety, boost your mood, sleep better and feel more in control.

The NHS has lots of useful [information about mental health on their website](#), including common feelings and symptoms, self-help guides and advice for certain life situations. You can also find out more about specific mental health conditions, how to access treatment and what to do if you need urgent help.